

Title: Nationwide Iodine and Thyroid health study

A landmark, multi-centre trial funded by the Indian Council of Medical Research (ICMR) with a grant of ₹6 crore, in collaboration with PGI Chandigarh, was conducted to evaluate urinary iodide levels and the prevalence of thyroid dysfunction among school children across India. This large-scale study aims to assess the long-term impact of the Universal Salt Iodization program launched three decades ago. In Pune, the study was carried out at Army Public School and a rural school in Kasugod, where approximately 1,400 samples were collected. The research was led by endocrinologists from AFMC with enthusiastic support from students of the UG Scientific Society